

Brian J. McCool, M.D.

McCOOL & BHUTA

Ear Nose and Throat Specialists

Tarika Bhuta, M.D.

POST OPERATIVE INSTRUCTIONS ADENOIDECTOMY

1. Recovery from adenoidectomy is generally much easier than tonsillectomy, although activity should be limited for a few days.
2. Tylenol and ibuprofen are usually adequate to manage post-operative pain.
3. Ear pain may occur after an adenoidectomy; this is from healing at the surgical site and usually is not a sign of an ear infection.
4. A nasal quality to the voice is also common during the first few weeks.
5. No active bleeding from the nose or the mouth should occur after surgery. If bleeding is seen, please call our office at 205.414.1368.
6. Please call during normal office hours for any routine questions or medication refills. Call at any time for urgent problems.

