

## **HEAD AND NECK SURGERY**

## POST OPERATIVE INSTRUCTIONS

- 1. You will be given medication for pain.
- 2. In general, activity should be limited for approximately 1-2 weeks after surgery.
- 3. Your surgeon will give specific instructions on wound care.
- 4. Sutures are usually removed in the office one week after surgery.
- 5. Call our office at 205.414.1368 with questions and medication refill requests.
- 6. Call at any time for problems such as persistent nausea, excessive pain or high fever (over 101° for more than 12 hours that does not respond to Tylenol, increased fluid intake, or cool baths), or there is marked swelling at the surgical site.